

Privacy Policy

Laura Li and 57 Tabs.com

I collect personal information such as your name, email address, and any information you choose to share when you contact me, sign up for emails, or book coaching sessions.

I use that information to:

- Reply to you
- Send emails (if you've signed up to my newsletter)
- Deliver coaching sessions

I don't sell your data or share it with any third parties.

I may use simple tools (like email platforms or booking systems) to help run things, and they will process your data as part of that — but only for that purpose.

Your information is stored securely, and I only keep it for as long as I need it.

You can ask to see, update, or delete your information at any time. You may also withdraw consent at any time. You can contact me at laura@57tabs.com for that or any other reason.

My website may use basic cookies to help it function properly. You can manage those in your browser settings.

If you're not happy with how I handle your data, you have the right to complain to the Information Commissioner's Office (ICO).